

Experiential learning: 4 weeks of interactive workshops and an optional one-month field experience



# Summer 2017 in France Cooking for Health: From Field to Plate







# ) OBJECTIVES

Participate in an intensive, interdisciplinary program that combines culinary arts, health sciences and professional practice while discovering French sustainable food production. Gain practical, international experience while earning college credits. Immerse yourself in French culture.



**Up to 8 US Credits:** 1 US Credits/week and 4 US Credits for the one-month internship.



## ADMISSION REQUIREMENTS

Juniors, Seniors or Master degree students in Life Sciences, Agriculture, Food, Nutrition, Public Health, Dietetics etc. from an accredited institution.

For non-native speakers of English: 785 TOEIC, 567 TOEFL paper (or 227 TOEFLcbt, 87 TOEFLibt), 6.5 IELTS. French: not required but basic French would be useful for the field experience option.



On Campus Program: May 17 - June 16, 2017 Internship Program: June 19 – July 19, 2017



For students from partner universities: • On Campus Program: 2000 euros

- On Campus + internship:
- 2400 euros

For students from non-partner universities:

• Only On Campus Program: 4600@uros

**Costs include:** OW transportation from CDG Airport to UniLaSalle, housing, culinary platform fee, RT transportations from UniLaSalle to work placement location, work placement administration fees.

Not included: RT travel from country of origin, passport/visa fees, mandatory health **and liability** insurance coverage, all meals (optional meal plan available at approx.10∉day), personal expenses, incl. personal travel on long weekends at Ascension and Pentecost (see schedule). Return transportation from UniLaSalle to airport at the end of the program.

\* All dishes in the photos were carried out by students participating in previous summer programs

# 2017 COOKING FOR HEALTH PROGRAM

МАҮ			JUNE			JULY	
1			1	AD AD	Field trip : Versailles	1	
2			2	Week 2 FRENCH BREAD	Field trip : Ducasse in Paris	2	
3			3			3	
4			4			4	
5				Pentecost		5	INTERNSHIP
6				SM	<b>Cooking Techniques</b>	6	
7			7	Week 3 FOOD SYSTEMS	Locavore Movement	7	
8			8	We DOD S	Dairy Products	8	
9			9	Ъ	Dairy Products	9	
10						10	
11			11			11	INTERNSHIP
12			12	Week 4 TRADITIONAL CUISINES AND PUBLIC HEALTH	French Paradox	12	
13			13		Cancer	13	
14			14		Heart disease	14	Bastille Day
15			15		Metabolism & Obesity	15	
16			16	TR A	Immune disorders	16	
17		Orientation day	17			17	Return to LaSalle
18	Week 1 FRENCH FOR CULINARY PURPOSES	French for Culinary Purposes	18	INTERNSHIP		18	Debrief / Presentation
19			19			19	Check out / departure
20			20			20	
21	ICH FC PUR		21			21	
22	FREN		22			22	
23			23			23	
24			24			24	
25 Ascension			25 26			25	
26						26	
27						27	
28			28	INTERNSHIP		28	
29	Week 2 FRENCH BREAD	Bread baking	29			29	
30		Cooking Techniques	30			30	
31		Cooking Techniques	31			31	

FRENCH IS TAUGHT THROUGHOUT THE PROGRAM

WE

National Holiday

Workshops & internship

### **STUDY IN FRANCE**

The "Grandes Ecoles are unique to France. They were created in the late 18<sup>th</sup> century in order to offer outstanding scientific education to the country's future engineers. UniLaSalle, founded in 1854, belongs to this tradition. Studying on our campus will not only give you access to excellence in education; you will also have the opportunity to live in the country that invented "savoir-vivre", the art of living well. The Picardy region, home of UniLaSalle, is well known for its beautiful villages and its inspiring gothic cathedrals. No wonder France is the most visited country in the world. Did you know that? Known for its gastronomy, wines and cheeses, France is a large country of amazing geographical variety. You will meet people who are proud of their cultural heritage, their lovely countryside, and their quiet towns and fine restaurants.





### International relations

UniLaSalle - campus de Beauvais
19, rue Pierre Waguet
BP 30313
60026 Beauvais Cedex
France

### Contact

@ incoming@unilasalle.fr

# Application forms are available on our website:

https://www.unilasalle.fr/formations/formationcontinue-et-formations-courtes/geological-fieldschool-in-france/



Deadline for sending application: February 15, 2017

### DISCOVER FRANCE WHILE EARNING COLLEGE CREDITS



### We are already looking forward to welcoming you on our campus!

Beauvais is located in northern France, 50 miles to the north of Paris. Trains to Paris depart every hour. Beauvais is an ideal base for exploring Europe. From Paris Beauvais international airport (5 minutes from UniLaSalle campus), low cost companies offer regular flights to exciting destinations such as: Italy (Rome, Milan, Venice, Pisa), Spain (Barcelona, Madrid), Great Britain (Manchester), Ireland (Dublin), Sweden (Stockholm), Norway (Oslo), Portugal (Porto), Romania (Bucharest), Poland (Warsaw), or Czech Republic (Prague)...



You Tube

Follow us!

9

ft

# iliootion amohiano : Éditédite : Crédite abotos : Estelle DB Dourmont aon ao

More information about the programs

### www.unilasalle.fr